



CAMPING
WITH YOUR
BICYCLE



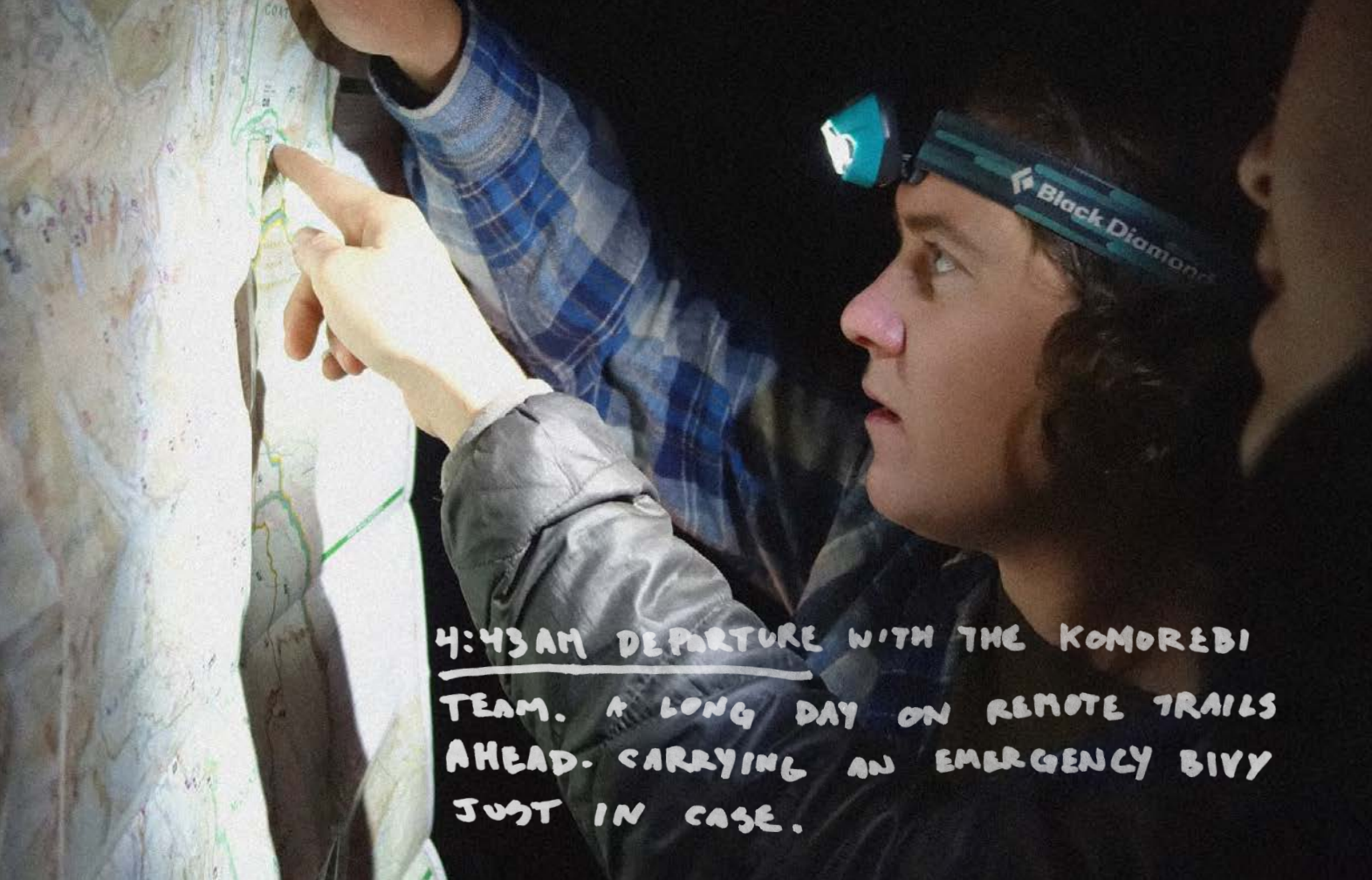
An aerial view of a mountain biker riding a dirt trail through a forest. The trail is narrow and appears to be a natural path, with several large, weathered logs lying across it. The rider is wearing a black shirt, dark shorts, and a blue helmet. The surrounding forest is dense with green foliage and many fallen logs, suggesting a natural, somewhat untamed environment. The lighting is natural, with some shadows cast by the trees and logs.

A PRIMER

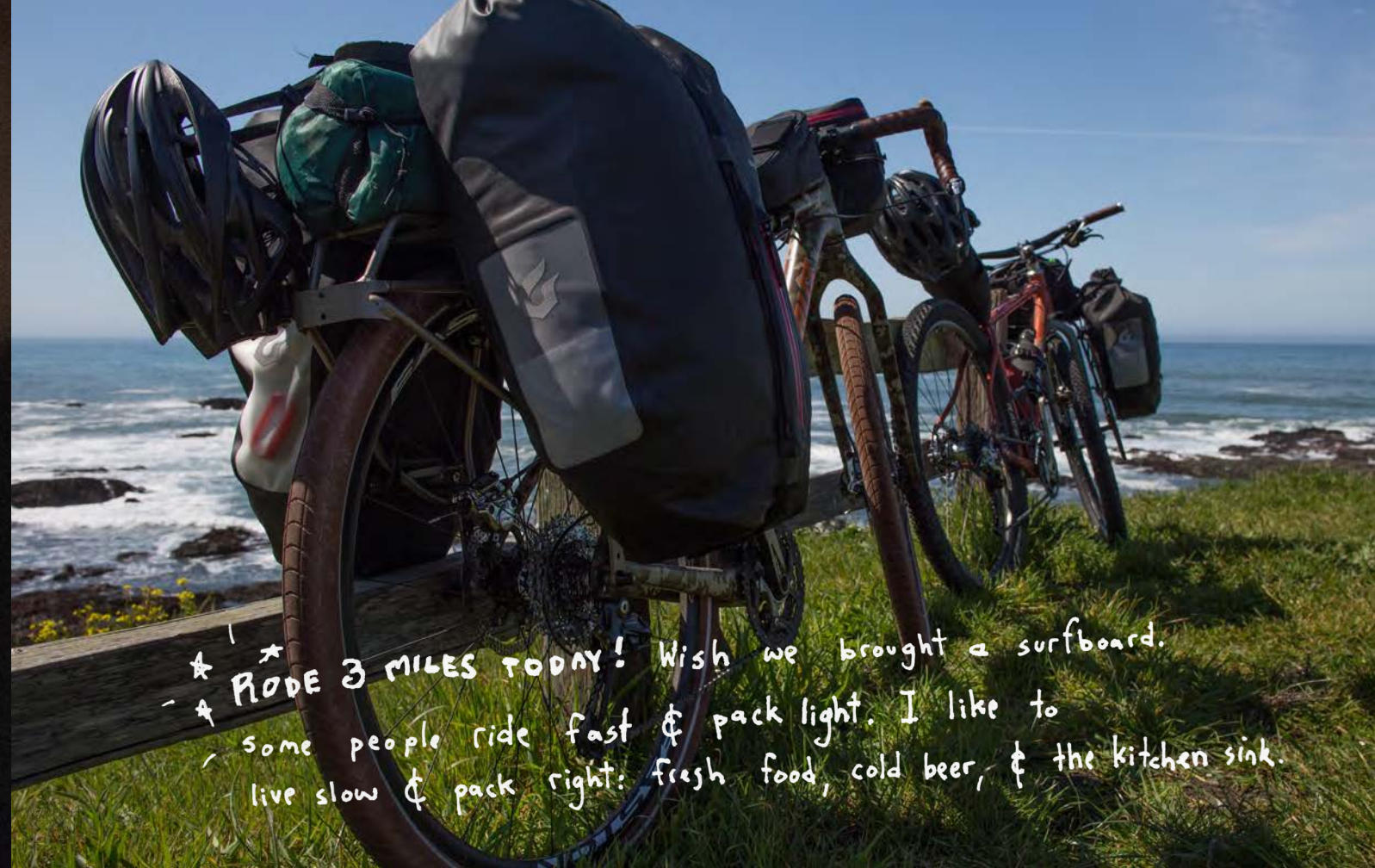
FROM THE FINE FOLKS & DIRTBAGS OF

Timberlost

Blackburn 



4:43AM DEPARTURE WITH THE KOMOREBI
TEAM. A LONG DAY ON REMOTE TRAILS
AHEAD. CARRYING AN EMERGENCY BIVY
JUST IN CASE.



★ RODE 3 MILES TODAY! Wish we brought a surfboard.
★ some people ride fast & pack light. I like to
live slow & pack right: fresh food, cold beer, & the kitchen sink.

A cyclist wearing a green jacket, black shorts, a black helmet, and sunglasses is riding a road bike on a paved road. The road has a double yellow line in the center. The background consists of rolling, dry hills under a clear blue sky. A wooden fence runs along the left side of the road. The overall scene is bright and sunny.

DAY 36

MADE IT ANOTHER 87 MILES.
SEEING THE MICRO-CLIMATES ROLL PAST
AND THE LANDSCAPE CONSTANTLY
CHANGING IS WHAT KEEPS
ME PEDALING.



EPIC!

This was supposed to be a mountain bike ride, not a rafting trip! Took a little swim today but everything stayed dry. I'm here for the singletrack but the misadventures make better stories.

THE TYPE OF ADVENTURE YOU'RE
GOING ON DICTATES HOW YOU PACK.
WHAT DO YOU REALLY NEED?



1. BIKE.
2. FOOD.
3. SHELTER.
4. POSITIVE VIBES.
5. CALL MOM WHEN I GET HOME

A group of four cyclists stands on a rocky shoreline at sunset. They are surrounded by their bicycles, which are heavily loaded with gear, including sleeping bags and backpacks. The scene is illuminated by the warm, golden light of the setting sun, which reflects on the water in the background. The cyclists are dressed in casual riding attire, and the overall atmosphere is one of adventure and outdoor recreation.

you don't need a special bike.

strap a sleeping bag to your old MTB &
and throw some trail mix in your backpack.
you're already ready. get out there.

WHAT TO LOOK FOR

- Fatter tires are nice on the road or trail.
- Fully rigid bikes hold more gear, but suspension is fun off road.
- Bikepacking bags can go on any bike but hold less than a rack and pannier setup.
- It doesn't need to be fancy, as long as it's comfortable and reliable.

THE 6,000 CALORIE DIET

WHEN I'M OUT HERE ALL I THINK ABOUT IS FOOD. AFTER 3 DAYS WITH NO SERVICES THE INFAMOUS FIELDS STATION BURGER AND MILKSHAKE AND FRIES AND BEER REALLY HIT THE SPOT.

BUT SOME DAYS YOU SCREW UP AND ONLY HAVE SIX BEAR-SHAPED CALORIES LEFT.

FUEL YOUR RIDE

- Don't bonk: eat snacks frequently throughout the day.
- Choose foods high in calories, protein, fats, and salt.
- Dehydrated mixes are lighter, but fresh vegetables are a tasty treat.
- Butter powder makes everything better.
- Gorge yourself at convenience store hot cases and restaurants.
- Re-supply often, carry as little as necessary.
- Learn about wild edibles or pack a fishing pole. You don't have to carry what you catch at camp.

Some routes have water everywhere.
Some don't have any.

ALWAYS KNOW WHERE YOUR
NEXT WATER SOURCE IS

- Study the route and weather and know how much water you use when riding and camping.
- Water is your heaviest burden, stay hydrated, but don't carry more than you need till your next source.
- There are many ways to treat water for safe drinking. Find one that works for you but have a backup.
- Streams are cleaner than lakes, the smaller the better.
- Know what's upstream. Human activity and agriculture are your primary concerns for water contamination.



Lighter than beer: camp cocktails

BE PREPARED FOR THE WORST

- *Just because it's sunny outside now doesn't mean it won't be snowing on the side of the mountain.*
- *Examine elevation, forecasts, and weather averages for the area you're exploring.*
- *Hands, head, and feet get cold first on the bike, your core will stay pretty warm while riding.*
- *In camp I like to use my sleeping bag as a wizard cape for extra warmth.*
- *Always bring a waterproof shell. Always.*
- *A wool base layer is essential for cold trips.*
- *Hot coffee or miso soup will do wonders.*

At times you may need many layers of the most technologically advanced performance fabrics.



SOMETIMES YOU'RE BETTER OFF WITH NONE.

THE SUN IS BAD NEWS TOO

- *Wear a wide brimmed hat and sunglasses. Pretend you're Carmen Sandiego.*
- *Cotton dress shirts and bandannas work great for the heat. The collar & sleeves keep the sun off, while the cotton evaporates sweat to keep you cool.*
- *Re-apply sunscreen frequently throughout the day.*
- *You don't need to wear your chamois all the time. Alternate days to keep things breezy.*
- *Carry a pair of nylons. Fill with ice and use as an ice-scarf.*
- *Now you look awesome, congratulations. Go jump in the river.*



"The lightest tent is still heavier than no tent."

THE STARS ARE BETTER OUTSIDE TOO

- Cowboy camping without a tent during the summer months or in dry climates is fun and easy.
- Consider low temps at night, bugs, and of course chance of rain.
- A sheet of Tyvek is handy to stay clean or even dry in a pinch.
- A nice inflatable pad keeps you warm as well as well-rested.
- Don't worry, the critters won't get you.

TENTS ARE WATERPROOF

- And bug proof. And they keep you warmer. And out of the wind.
- There are countless varieties, choose yours for weight, packability, & if you're bunking with a partner.
- Some tents don't need stakes which is great for rocky soil or sand.
- Some shelters use minimal poles like the pyramid design shown here.

PRODUCT REVIEW: Gabe got soaked, I didn't.



"It's ALL DOWNHILL FROM HERE."



BE A MAP NERD

- *Plan ahead. Examine your route in detail. Close your eyes and imagine the terrain you'll be riding through each day.*
- *Plan for re-supplies, water sources, campsites, and bail options.*
- *Examine topo lines and elevation profiles thoroughly.*
- *Be flexible, it's fine if your plans change mid-trip.*
- *Bring a backup map.*

CAPTAIN'S LOG

Our 5TH flat of the day
couldn't have happened
at a better spot.
Time for third lunch!

THE MOST IMPORTANT THING
TO BRING BIKE CAMPING:

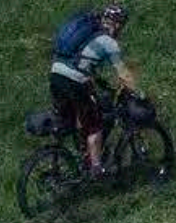
A Good Attitude.

Things will go wrong, it happens to everyone. How you react is what makes the difference between a good trip and a bad trip. Be flexible and aware of how your buddies are faring. You've got your camping gear, it's fine to make camp early if things go haywire. Be nice to locals, their generosity and knowledge will surprise you.

You're on vacation. Have fun dammit!



Don't crap where you eat.



PRACTICE LEAVE NO TRACE. BE POLITE.

You're traveling out of your comfort zone and into the unknown. Tread lightly and clean up after yourself. Listen. Look around. Let the countryside leave its mark on you rather than your mark staining it.

- 1) **PLAN AHEAD AND PREPARE:** *Poorly prepared people, when presented with unexpected situations, often resort to high-impact solutions that degrade the outdoors or put themselves at risk. Proper planning leads to less impact.*
- 2) **TRAVEL AND CAMP ON DURABLE SURFACES:** *Damage to land occurs when surface vegetation or communities of organisms are trampled beyond repair. The resulting barren area leads to unusable trails, campsites and soil erosion.*
- 3) **DISPOSE OF WASTE PROPERLY:** *Trash and litter can greatly detract from the naturalness of an area. Further, backcountry users create body waste and waste water which requires proper disposal according to Leave No Trace.*
- 4) **LEAVE WHAT YOU FIND:** *Leave No Trace directs people to minimize site alterations, such as digging tent trenches, hammering nails into trees, permanently clearing an area of rocks or twigs, and removing items.*
- 5) **MINIMIZE CAMPFIRE IMPACTS:** *Because the naturalness of many areas has been degraded by overuse of fires, Leave No Trace teaches to seek alternatives to fires or use low-impact fires.*
- 6) **RESPECT WILDLIFE:** *Minimizing impact on wildlife and ecosystems.*
- 7) **BE CONSIDERATE OF OTHER VISITORS:** *Following hiking etiquette and maintaining quiet allows visitors to go through the wilderness with minimal impact on other users.*



1) SEATBAG: Stove, fuel, food, coffee, and other kitchen stuff. Keep heavier stuff towards seatpost.

2) HYDRATION PACK: (not shown) Extra water, bike tools and tube, trail snacks, first aid kit.

3) FRAMEBAGS: Heavy things like water bladder, bike tools, spare tube, tent poles, & food. Pro tip: hide a rock in your friend's framebag if they ride too fast.

6) TOP TUBE BAGS: (not shown) Phone, snacks, camera.

5) HANDLEBAR ROLL: (not shown) Things you can tootsie-roll that you won't need while riding. Hard to access but good use of space. Sleeping pad, sleeping bag, tent, clothes.

4) FRONT PANNIERS & FORK MOUNT CAGES: Great for carrying weight down low on gravel roads, more awkward in technical terrain. Clothes, tent, sleeping bag, & cookset.

BIKE TRIP PACKLIST

- | | | |
|---|--|--|
| <input type="checkbox"/> BLACKBURN OUTPOST BAGS | <input type="checkbox"/> WIDE BRIMMED HAT | <input type="checkbox"/> CHAPSTICK & SUNSCREEN |
| <input type="checkbox"/> ACRE HAUSER HYDRATION PACK | <input type="checkbox"/> BANDANA | <input type="checkbox"/> CHAMOIS CREAM |
| <input type="checkbox"/> SIX MOON DESIGNS TENT | <input type="checkbox"/> GIRO NEW ROAD RAIN SHELL | <input type="checkbox"/> BUG SPRAY |
| <input type="checkbox"/> BIG AGNES AIR CORE PAD | <input type="checkbox"/> JOKTS | <input type="checkbox"/> WILDEOR STOVE & FUEL |
| <input type="checkbox"/> WESTERN MTN REERING SLEEP BAG | <input type="checkbox"/> DOWN PUFFY JACKET | <input type="checkbox"/> WATER BOTTLES & BLADDER |
| <input type="checkbox"/> OPINEL KNIFE | <input type="checkbox"/> BELL HELMET | <input type="checkbox"/> USB STERIPEN FREEDOM |
| <input type="checkbox"/> BLACKBURN WAYSIDE MULTITOL | <input type="checkbox"/> GIRO GLOVES | <input type="checkbox"/> BLACKBURN OUTPOST CARGO CAGE |
| <input type="checkbox"/> TUBE, PATCHKIT, & TIRE BOOT | <input type="checkbox"/> ADVENTURE CYCLING MAPS | <input type="checkbox"/> STUMPTOWN COFFEE |
| <input type="checkbox"/> ZIPTIES, PARACORD, & GORILLATAPE | <input type="checkbox"/> PHONE & BARRIER PHONE CASE | <input type="checkbox"/> HELIX COFFEE DRIPPER |
| <input type="checkbox"/> PETZL TIKKA 2 CORE HEADLAMP | <input type="checkbox"/> CAMERA | <input type="checkbox"/> SNOW PEAK POT |
| <input type="checkbox"/> ICEBREAKER WOOL BASE LAYER | <input type="checkbox"/> FIELD NOTES | <input type="checkbox"/> SNOW PEAK SPORK |
| <input type="checkbox"/> GIRO NEW ROAD UNDERSHORTS | <input type="checkbox"/> TOOTHBRUSH | <input type="checkbox"/> BUNYAN VELO MUG |
| <input type="checkbox"/> ICEBREAKER WOOL SOCKS | <input type="checkbox"/> LIGHTER | <input type="checkbox"/> BLANTON'S BOURBON & UNION GIN |
| <input type="checkbox"/> GIRO TERRADURO SHOES | <input type="checkbox"/> NOLS FIRST AID KIT | <input type="checkbox"/> BLACKBURN 2'FER LIGHTS |
| <input type="checkbox"/> FLIP FLOPS | <input type="checkbox"/> BIO-DEGRADABLE SOAP & SCRUBBY | <input type="checkbox"/> TENKARA ROD & FLIES |
| <input type="checkbox"/> SUNGLASSES | <input type="checkbox"/> TOILET PAPER | <input type="checkbox"/> HOMEMADE SLINGSHOT |



Blackburn 

While some ride to race or just to get from point A to point B, others are always looking to take a different way. We build these folks gear that allow them to go further, do more and be prepared for anything.

BlackburnDesign.com

SOMEWHERE ALONG THE WAY WE LOST SOMETHING.

It wasn't a sudden loss, most likely you didn't even notice. But it's gone now and you only feel its vague fingers groping at your soul during the full moon. Or when a freak snowstorm makes everyone a kid again, or while watching waves crash onto the beach in a mesmerizing pattern for infinitum. We aim to find that something.

*And we'd love to have you along.
Join us at Limberlost.co*

Limberlost



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